

# RIVER PRIMARY SCHOOL

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*Be your best you*

Dear Parents/Carers of children in Year 1 and 2,

Our PSHE (Personal, Social and Health Education) Programme follows the Jigsaw scheme. This has recently been reviewed as some of the content has become statutory as a result of changes to the national curriculum.

You can find our updated policy for PSHE and a guide for parents on our school website -  
<https://federationlyddenandriverdover.secure-primariesite.net/relationships-sex-and-health-education/>

The Summer Term unit is called 'Changing Me' which is a school wide topic, although of course the content is different for each year group. This is an important part of the curriculum as it also builds children's understanding of safeguarding. The younger children are not taught directly about this, although knowing the correct terminology for body parts provides a foundation for work later on.

In Key Stage 1, an outline of the content is as follows:

- Year 1 –Basic life cycles of animals (e.g. frog). Knowing that humans grow from young to old. Knowing that what is under our pants is special, important and private. Use the NSPCC 'Pants are Private' message.
- Year 2 - Boys' and girls' bodies; naming body parts and respecting privacy (which parts of the body are private and why this is). Vocabulary includes: penis, testicles, vagina, vulva and anus.

It is important that parents know that children will be covering this aspect of the curriculum this term so that when they are talking about the things they are learning in school, you are able to support them, also in an age-appropriate way.

Yours sincerely,

Mrs V Alliston

Acting Headteacher



**Artsmark  
Silver Award**  
Awarded by Arts  
Council England



PROUD TO BE A  
**MUSIC MARK  
SCHOOL**  
2022 - 2023

Healthy Schools  
Rating Scheme  
**SILVER**  
2021 - 2022

