

RIVER PRIMARY SCHOOL

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Be your best you

Dear Parents/Carers of children in Year 3,

Our PSHE (Personal, Social and Health Education) Programme follows the Jigsaw scheme. This has recently been reviewed as some of the content has become statutory as a result of changes to the national curriculum.

You can find our updated policy for PSHE and a guide for parents on our school website -
<https://federationlyddenandriverdover.secure-primariesite.net/relationships-sex-and-health-education/>

The Summer Term unit is called 'Changing Me' which is a school wide topic, although of course the content is different for each year group. This is an important part of the curriculum as it also builds children's understanding of safeguarding

In Year 3, an outline of the content is as follows:

- How babies grow – pairing animal young and adults. The female of the species has the baby and males and females have an important role as the young grow. Things that babies need help with.
- Human babies – things they need to grow and survive. Thinking about our own family and families that we know. Where a baby begins to grow including simple images of developing babies in the uterus including outline female form and baby getting bigger at each stage. [This does not include conception]
- Families – Recognise and understand that all families are different. Know what is meant by 'stereotypes'. Explore male and female stereotypes and how they may influence us – from how we may dress babies and talk about them to the toys available for children and our favoured interests. Think about ourselves, the things that we can do and our interests and aspirations positively.

It is important that parents know that children will be covering this aspect of the curriculum this term so that when they are talking about the things they are learning in school, you are able to support them, also in an age-appropriate way.

Yours sincerely,

Mrs V Alliston

Acting Headteacher

