

Title	Author	Details
Books about serious illness		
When Someone has A Very Serious Illness	<i>Marge Heergaard</i>	A Draw out your Feelings Book to enable children to express and make sense of their feelings when someone is seriously ill.
As Big as it Gets	<i>Julie A. Stokes</i>	A book for parents and adults supporting a child when someone is seriously ill. Lots of useful guidance about how to have those difficult conversations.
Books about cancer		
Nowhere Hair	<i>Sue Glader and Edith Buenen</i>	A lovely rhyming picture book about a little girl trying to make sense of her mummy losing her hair during chemotherapy treatment. Helps children understand about cancer and chemo with honesty and insight,
Mom has cancer! Let's talk about it	<i>Jennifer Moore-Mallinos</i>	Helpful picture book to explain when a parent has cancer and open up useful conversations.
Because Someone I love has Cancer	<i>Terri Ades</i>	An Activity Book with opportunities to creatively explore some of the changes, feelings and uncertainties when someone you love is affected by cancer
The Secret C. Straight Talking about Cancer	<i>Julie A. Stokes</i>	A very useful book exploring some of the questions children might have about cancer and supporting adults to know how to answer them in an honest and age appropriate way.
When Someone you love has Cancer	<i>Alaric Lewis</i>	Straight forward language and illustrations to support children's understanding to cancer and their own feelings about it.
Stories about depression and mental illness		
The Cloud	<i>Hannah Cumming</i>	A moving story about having a cloud over your head and feeling that you don't fit in. A warming tale of the power of kindness and understanding when a classmate is eager to help.
Meh: A story about depression	<i>Deborah Malcolm</i>	A wordless picture book exploring the dark sadness that makes finding happiness so very hard.
I had a Black Dog	<i>Matthew Johnstone</i>	A book intended for adults about living with depression. The pictures are so enlightening and provide a helpful analogy to explain depression with children.
The Colour Thief: A family's Story of Depression	<i>Andrew Fusek Peters, Polly Peters and Karin Littlewood</i>	A story about a young boy trying to understand the changes as his Dad struggles with depression.
Why are you so Sad? A Child's Book about	<i>Beth Andrews</i>	A useful book to help children understand about their parent's depression and that it isn't their fault.

Parental Depression		
Not Today Celeste- A Dog's tale about her Human's Depression	<i>Liza Stevens</i>	A gentle angle to explore what it is like when a parent slips into depression exploring some of the key questions and feelings a child might have.
The Sad Book	<i>Michael Rosen Quentin Blake</i>	A moving autobiographical story about sadness, loss and grief.
Stories about Other illnesses		
Grandma	<i>Jessica Shepherd</i>	A gentle story about a grandma's sad journey into dementia and how her grandchildren make sense of the changes in her.